How to View Screen Time Data- Amazon Devices*
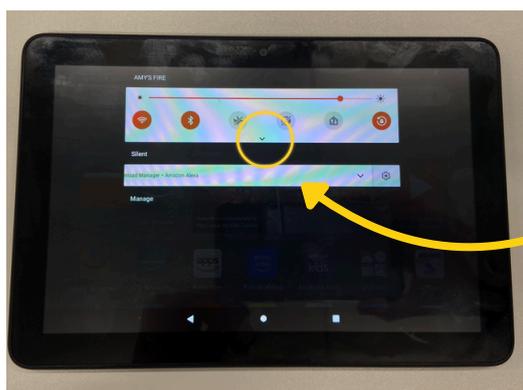
Open the Amazon tablet and switch to the kids profile. If you are unsure how to do this, please read below.

Open the Amazon tablet and swipe down from the top of the screen.

Click on the arrow to access all the options.

Click on the 'profiles' icon and select the profile of the child taking part in the study.

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Once the child profile opens, select the icon in the top right hand corner

Select 'Parent dashboard' within the 'Grown-ups' dashboard.

Type in your PIN

Then click 'View all'

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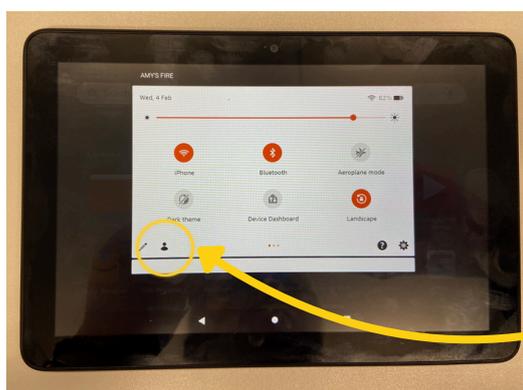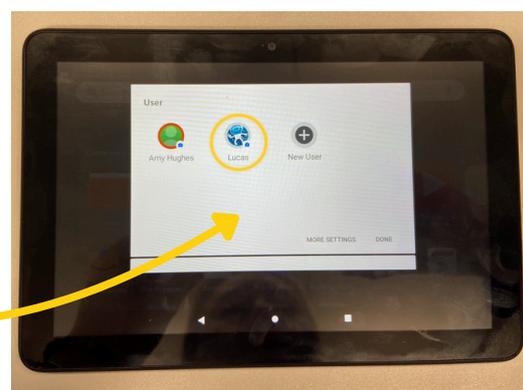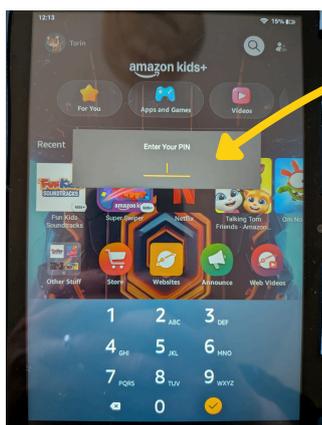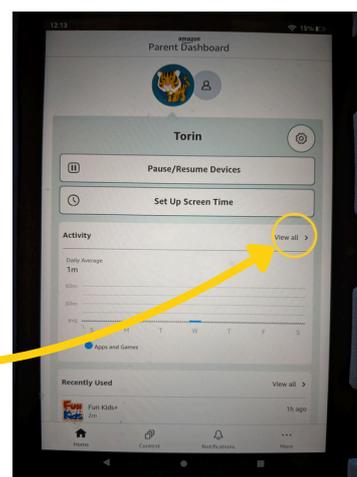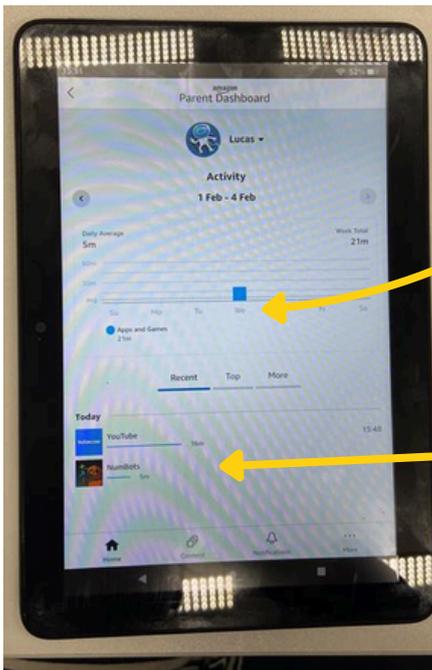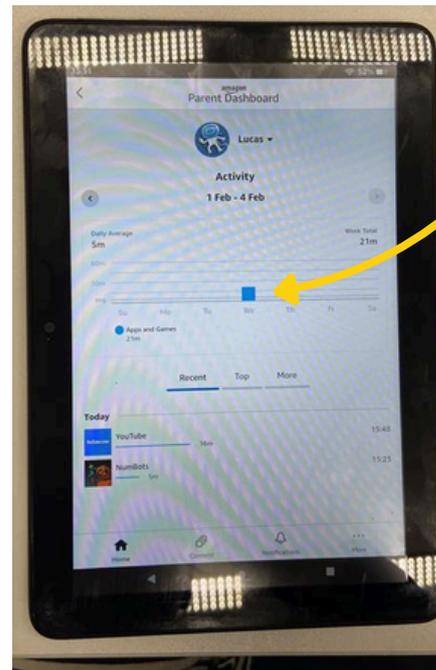*(With an Amazon Kids Subscription)*

Select the coloured line for the day AFTER you installed the EARS app.

This is 'Day 1'.

Record which apps your child has used, and how long for in your device log.

You may need to scroll down to see all the apps.

Select the next coloured line (Day 2), and repeat the same procedures as above and write this information on Day 2 of your device log.

Repeat the same procedures above for days 3 to 7

If this is a personal device (ie not shared with another family member) you can view your screen time data at the end of the week to complete the Personal Device Log (table 1).

Information only for devices that are shared

If this is a shared device, you can use the screen time data to help remind you which apps your child used. However, we also ask that you record the start and end times each time your child uses an app in the Shared Device Log (Table 2).
It is much easier to note this at the time your child uses the device rather than trying to remember it later.
This information is very important, as it helps us understand when your child, who is taking part in the study, was using the shared device.