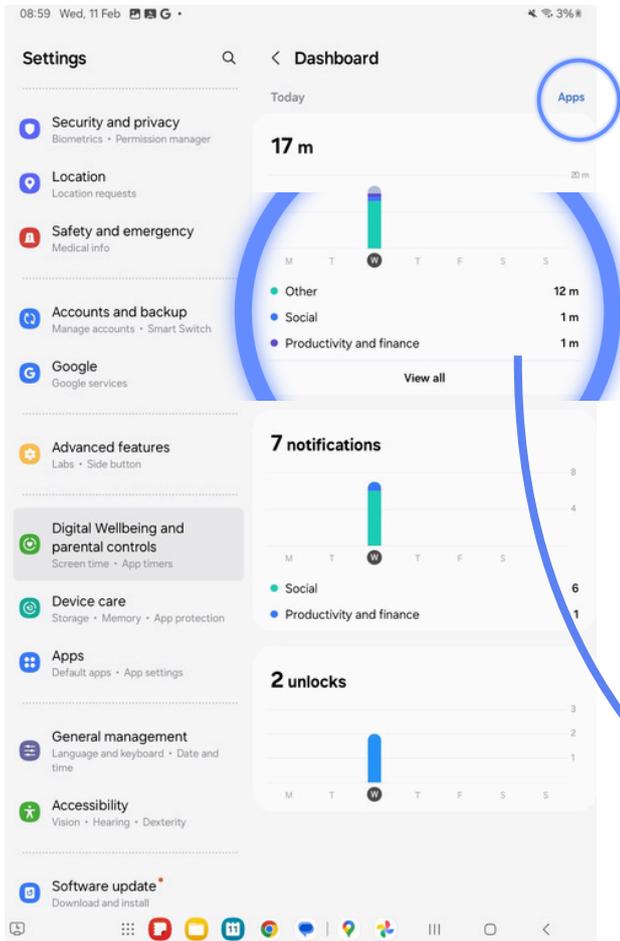
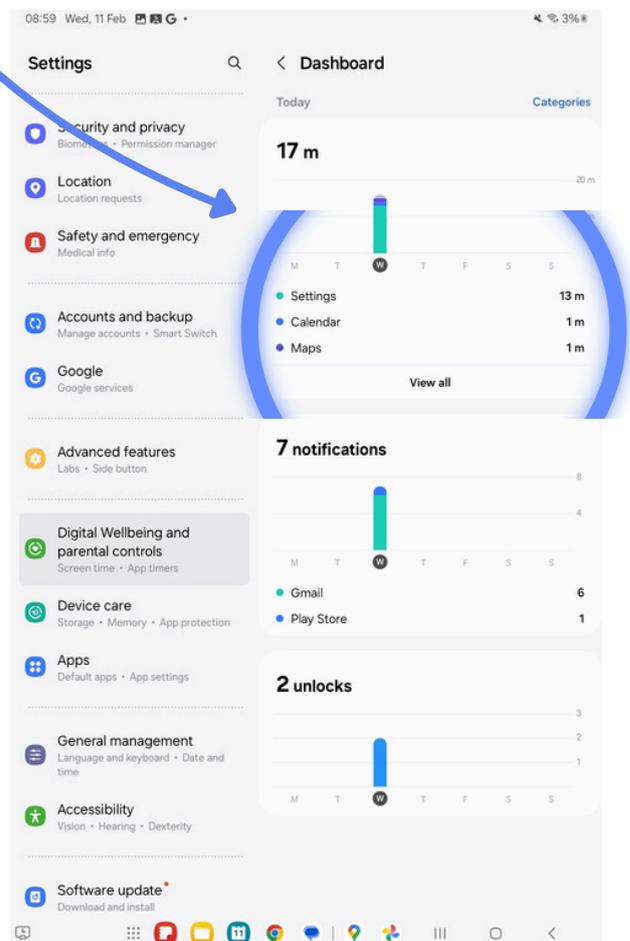


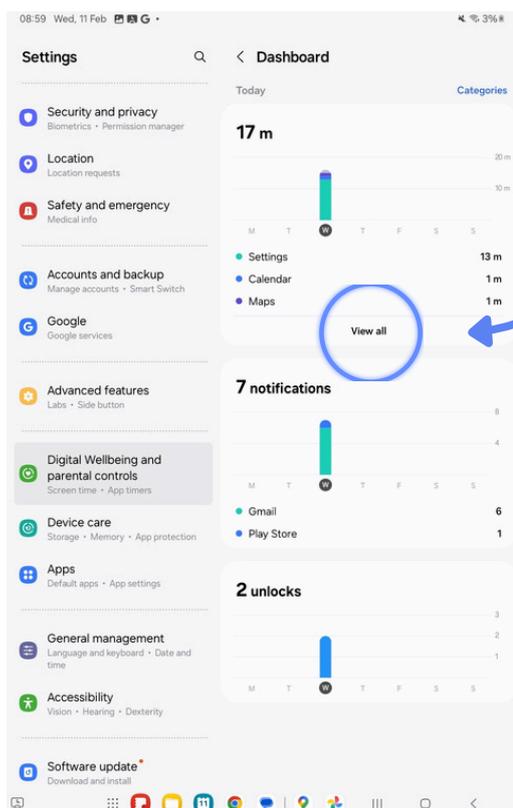
# How to View Screen Time: Android Tablet



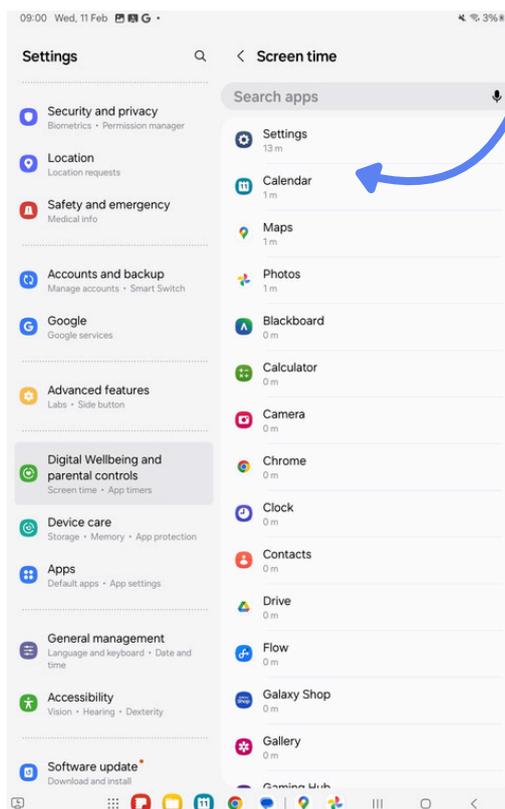
Ensure that you select “Apps” on the top right to display the names of the applications.



# How to View Screen Time: Android Tablet



Select  
"View All"



Record which  
apps your child  
has used, and  
how long for  
on the device  
log.

Note: You do  
not need to  
write down the  
apps with 0  
minutes

Press the  
back arrow  
to view other  
days to  
record these

**Repeat the same procedures above for days 2 to 7**

If this is a personal device (ie not shared with another family member) you can view your screen time data at the end of the week to complete the Personal Device Log (table 1).

**Information only for devices that are shared**

If this is a shared device, you can use the screen time data to help remind you which apps your child used. However, we also ask that you record the start and end times each time your child uses an app in the Shared Device Log (Table 2).

It is much easier to note this at the time your child uses the device rather than trying to remember it later.

This information is very important, as it helps us understand when your child, who is taking part in the study, was using the shared device.